



The Sambodh Society, Inc.
takes pleasure in announcing its plans for the
Bodhananda Vedic Institute
School of Ayurveda

beginning in 2014 with the 1st year of a
Training Program in Ayurveda
for self-care & aspiring practitioners

One year *Certificate Program in Ayurvedic Studies* consisting of twelve
intensive classes (one weekend monthly, Saturday and Sunday) with 200
classroom hours and 300 hours directed independent study for a program total
of 500 hours To take place at the Sambodh Center, Kalamazoo, MI

Courses consist of the following:

- AYV 101 - *Foundations of Ayurveda - The Beginning, History and Philosophy*
- AYV 102 - *Ayurvedic Understanding of Human Structure and Function (Level 1)*
- AYV 103 - *Ayurvedic Understanding of Human Structure and Function (Level 2)*
- AYV 104 - *The Ayurvedic Understanding of Mind*
- AYV 105 - *Ayurvedic Approaches to Nutrition and Food Science*
- AYV 106 - *Disease Prevention and Maintaining Balance with Ayurveda*
- AYV 107 - *Ayurvedic Science of Herbs*
- AYV 108 - *Ayurvedic View of Disease Causes and Processes*
- AYV 109 - *Ayurvedic Assessment techniques and Pulse Reading*
- AYV 110 - *Panchakarma- Ayurvedic Therapies and Detoxification*
- AYV 111 - *Ayurvedic Home Remedies for Common Ailments*
- AYV 112 - *Ayurvedic Subtle Therapies*
- AYV 113 - *Developing an Ayurvedic Practice: Review and Guidance*

**Students who successfully complete this program and required final
examination will be awarded an "Ayurvedic Consultant Certificate."**

Sambodh Center for Human Excellence

6363 N. 24th Street, Kalamazoo, MI 49004

Website: www.sambodh.us Email SambodhSociety@SambodhSociety.us

Office: (269) 492-0544 Info: (269) 381-4946



Join us in our intensive year-long study of
Ayurveda: The Science of Life

An ancient science with answers for the modern world

The Sambodh Society, Inc.

6363 N. 24th St. Kalamazoo, MI 49004

Institute Administration & Faculty

Ruth Small, Ph.D., Institute Director

Dr. Small, our Institute Director, is a former faculty member of Western Michigan University and has extensive experience in academia and administration. She is also a The Sambodh Society, Inc. Trustee and the Program Coordinator for the Sambodh Center for Human Excellence, Kalamazoo, MI.



Aparna Bapat, B.A.M.S.

Dr. Aparna Bapat is a graduate of the University of Pune, College of Ayurvedic Medicine & Surgery. She has taught and practiced Ayurveda in the United States, Europe and India for over 15 years, and is the author of countless professional writings on Ayurvedic topics.

Ashlesha Raut, B.A.M.S., M.D. (Ayur), CNC

Dr. Ashlesha Raut earned her BAMS and MD degrees in Ayurveda from the University of Mumbai (India) and is a Certified Nutritional Consultant. In addition she has Certification in Integrative Medicine and has considerable experience in both the practice and teaching of Ayurveda.



Bill Courson, B.V.S. (Ayur), D. Ayur., C.H.

Bill Courson is a graduate of the New Jersey Institute of Ayurveda (Diplomate in Ayurveda) and the Sai Ayurvedic College of Miami (BVSA), and teaches and practices Ayurveda at both institutions. He is also a Certified Herbalist in the Western herbal tradition.

Jyothi Bhatt, B.A.M.S.

Jyothi Bhatt received her BAMS degree from the Shri Dharmasthala Manjunatheshwar College of Ayurveda in Karnataka, India and studied yoga at the Bihar School of Yoga and the Swami Vivekananda Yoga Anusandhana Samsthana, earning a postgraduate Diploma in Yoga Therapy



The Sambodh Society, Inc.
Bodhananda Vedic Institute
School of Ayurveda

Anticipated Start-up of the 1st Year Course
Fall 2014

Training Program in Ayurveda

Please fill out this form and return it to the
Sambodh Center office (address BELOW)
Attn: Ruth Harring, Ph.D., Director

Name _____

Phone (_____) _____

Address _____

City _____

State _____ Zip _____

Email _____

In the space provided below,
please describe your level of interest
in joining this course of study:

MAILING ADDRESS

Sambodh Center for Human Excellence

PO Box 248, Kalamazoo, MI 49004

Website: www.sambodh.us

Email SambodhSociety@SambodhSociety.us

Office: (269) 492-0544 or Info: (269) 381-4946