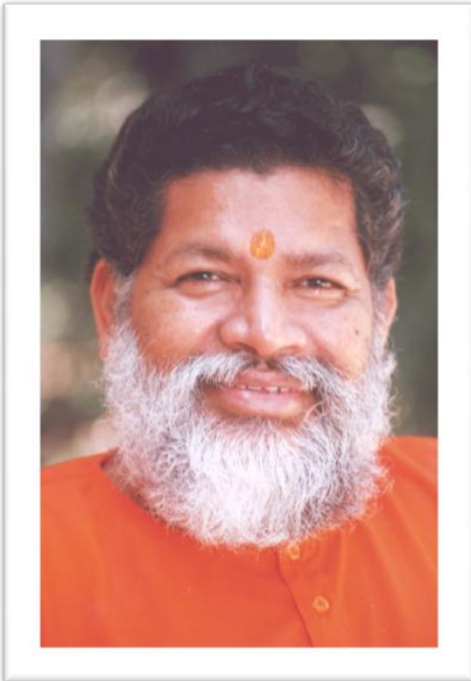


Forty Steps to God Realization

1-Day Retreat with Swami Bodhananda Saraswati

Spiritual Director of The Sambodh Society, Inc.



Saturday, November 8, 2008

9:00 a.m. - 4:30 p.m.

Suggested Donation: \$45

Description: Are you confused about the right path to God? Do you feel lost in the daily struggles of living? Don't you think that you must get out of this mess? Haven't you occasionally sought being alone and silent, reposed and blissful, just watching trees in the woods or stars in the sky or feeling breeze on your skin? God Realization is our ultimate goal in life. God is pure Bliss. To realize God is to live blissfully.

This one day retreat is based upon a spiritual treatise by Sri Shankaracharya written originally in Sanskrit. Shankaracharya's "Forty Steps to God Realization" deftly guides the seeker to climb to the mountain top of silent Bliss. The climb involves cognitive as well as attitudinal changes: listening, study, reflection, good company, dietary disciplines, surrender of the ego, etc.

Swami Bodhananda is the Spiritual Director of the Sambodh Society and the Sambodh Center for Human Excellence. Swamiji is a fluent speaker (in English as well as Sanskrit). He expounds this primer on Vedanta for the easy comprehension of seekers. Sessions include Guided Meditation and post-discourse Q&A.

Venue: Sambodh Center for Human Excellence: 6363 N. 24th Street, Kalamazoo, MI 49004

~ Registration, Coffee, Tea – 9:00 ~ Vegetarian Lunch at Noon ~

[Registration Form](#)

Copy, print and mail in this form along with your payment to the address given below.

Name: _____ Email: _____

Street Address: _____ Home/Cell Phone: _____

City _____ State: _____ Zip Code _____

Check Enclosed for \$ _____ Retreat Registration Additional Donation \$ _____

Send registration form and checks payable to: **The Sambodh Society, Inc.**
6363 N. 24th Street, Kalamazoo, MI 49004

Deadline for Registration: Monday, November 3, 2008

Contact: SCHE Office: (269) 492-0544 ~ Ruth (269) 327-3774 ~ Nancy Hayes (269) 584-0300