



The Sambodh Center for Human Excellence's
First National Retreat for Spiritual Seekers

Integrating Body ~ Mind ~ Spirit
 Vedanta ~ Meditation ~ Music ~ Dance ~ Yoga ~ Aikido

Discourses on
“The Seer and the Seen”

Dr̥g-Dr̥ṣya-Viveka

by **Swami Bodhananda Saraswati**

Spiritual Director of *The Sambodh Society* (USA) and *Sambodh Foundation* (India)

July 1-3, 2006

Venue: Transformations Spirituality Center

3427 Gull Road, Kalamazoo, MI 49074

Registration May 1 to June 15, 2006

Check-In July 1, from 10:30 am – Noon

Followed by Lunch for Participants 12:15pm

Opening Discourse Saturday, July 1st at 1:00pm;

Closing Ceremonies Monday, July 3rd at 1:30pm

Dr̥g-Dr̥ṣya-Viveka: Adi Shankaracharya composed this Vedantic primer of 31 verses. The Sanskrit title means “knowledge born of separating the Seer from the seen.” *Dr̥k Dr̥ṣya Viveka* takes the seeker directly into the heart of Truth and Self-knowledge which discriminates between the spiritual knowing of the subjective consciousness (the Seer) and ordinary knowledge of the objective world of ego (*samsara* and suffering). When studied deeply, one realizes that the source of all human suffering is ignorance, confusion between the *Seer* and the *seen*, meaning, between the *Creator* and *creation*. To break out of this spell of ignorance and its delusion, Shankaracharya advocates practice of *samadhi*, that is, abidance in the Self. The practice of *samadhi* purifies the mind enhancing one’s health and well-being. With the consistent practice of *samadhi* all suffering is destroyed; all karmic impurities are burnt down along with the binding knots of the heart; and all doubt and confusion vanish. When one rejects the seen as mere name and form, identifying with the Seer, *Samadhi* is attained—that unadulterated Bliss of Pure Consciousness.



We have 20 Twin/Shared Rooms for Participants: Register Now to Reserve Yours.

***Rates/Fees for 2-Night, 3-Day Lodging and Meals:**

- **Twin/Shared Rooms: \$135 per person**
- **Private/Single Room: \$155**
- **Non-Residential Participants \$85**

When you pre-register, please indicate if you are willing to share a room.

***NOTE:** The Rates/Fees represent actual costs and *do not* include Donations and/or Guru Dakshina. We gratefully accept donations for the retreat and will apply these to the SCHE Building Project.

-----Registration Form----- ✂ -----

Clip and Mail to: The Sambodh Society, Inc. 1826 Charter Avenue, Portage, MI 49024

Name of Participant(s) _____

Address _____ Apt # _____

City _____ State _____ Zip Code _____

Email _____ Phone _____

Room Preference: Private/Single Twin/Shared Either is Fine

Payment Enclosed Advance Registration and Fees, Deadline June 15, 2006

(Fees for lodging and meals are not considered donations)

We do Not Accept Credit Cards.

For Further Information, Contact @ (269) 327-3774

All Donations to The Sambodh Society, Inc and SCHE are Tax Deductible.