

70 Essential Verses from the Bhagavad Gita



Spiritual Study Retreat with
Swami Bodhananda Saraswati

October 10-11, 2009

10:00 a.m. – 4:00 p.m.

Saturday – Sunday

Sambodh Center for Human Excellence
6363 N. 24th Street, Kalamazoo, MI 49004
Directions: <http://www.sambodh.us/map09.pdf>

The *Bhagavad Gita* was taught in a crisis situation, in the Kurukshetra battlefield, to a confused and confounded Arjuna. Following the teachings of the *Gita*, Arjuna cleared his self-doubt and confusion and went on to fight and win the war. As we face the present economic crisis and a general crisis of confidence, the message of *Gita* would be handy in dealing with the problems of lack of self-confidence and the resultant numbing and pervasive gloom. A paralysis has gripped our collective nervous system leading to paranoia, reaction or inaction. It is time for the clarion call of *Gita* to act decisively, spiritually enlightened, ethically balanced and altruistically inspired. Swami Bodhananda takes participants through the whole *Bhagavad Gita*, in a bird's eye view, highlighting the main topics of the *Gita* teaching such as *vishada yoga*, *jnana yoga*, *karma yoga*, *bhakti yoga*, *samadhi yoga*, *vibhaga yoga* and *samanvaya yoga*. For students of *Vedanta*, yoga, and meditation, this promises to be a dynamic refresher course. For those who have never studied the *Gita*, Swamiji will reveal this Vedantic scripture's core philosophy.

Paid participants will be provided a copy of **the 70 Selected Verses**
(The text includes Sanskrit, Romanized Sanskrit, and translated into English)

Meals: Refreshments and Vegetarian Lunches are provided on both Saturday and Sunday.

Lodging, <http://www.hotellocators.com/cities/us/mi/kalamazoo/index.htm?ref=ovwti121093>)

To Pre-Register and Reserve a place, Phone (269) 327-3774 by Thursday, September 3, 2009

\$80 - Early Bird Registration – Deadline October 9, 2009

\$100 - Payable at the Door

Registration Form for Mailing: <http://www.sambodh.us/GitaRetreat09.pdf>

For On-Line Registration: <http://www.sambodh.us/pledge/support.html> and follow these instructions:

- ❖ Click on the small YELLOW **Donate** button (found at the very bottom right corner of the page, next to a display of credit card logos). **NOTE:** This button is **especially for "one time"** donations/program fees, such as this retreat or other donation-based programs.
- ❖ This click brings you to our PayPal page.
- ❖ Follow the PayPal instructions to complete your payment.

The Sambodh Society will receive notice of your payment and acknowledge your registration by email or phone in a few days time.

Info: indiaink@charter.net or phone (269) 327-3774