



Experience the Healing Power of Mantra

MANTRA SADHANA RETREAT

with Swami Bodhananda Saraswati



SATURDAY, OCTOBER 17

G A N E S H A G A Y A T R I M A N T R A

For Removing Hurdles on the Path

1 0 0 8 Repetitions

SATURDAY MORNING

SESSION 1 – 9:00 TO 1:00PM



SUNDAY, OCTOBER 18

D H A N V A N T A R I M A N T R A

For Drawing Spiritual Energy for Health

1 0 0 8 Repetitions

SUNDAY MORNING

SESSION 2 – 9:00 TO 1:00PM



SUNDAY, OCTOBER 18

S H O D A S H A K S H A R I M A N T R A

For Purification and Awakenning the Shakti

1 0 0 8 Repetitions

SUNDAY AFTERNOON

SESSION 3 – 2:00 TO 5:00PM

Each day of this intensive sadhana begins with an explanation of the mantra and a series of pujas and mudras to assist in the invocation. All chanting will be in call-response format and led or overseen by Swami Bodhananda. Silence will be observed in the ashram during these two days.

~ A SIMPLE INDIAN LUNCH WILL BE PROVIDED ~

COST: \$51 ONE DAY
\$101 TWO DAYS

MAKE CHECKS PAYABLE TO:
THE SAMBODH SOCIETY, INC.

Instructional CD for each mantra mailed

FREE with advance payment and

RSVP by October 12

Contact: Ruth Haring (269) 327-3774

Or email: indiaink@charter.net

SAMBODH CENTER FOR HUMAN EXCELLENCE

A TEACHING CENTER FOR MEDITATION AND EASTERN WISDOM



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