

The Sambodh Society, Inc.

Michigan 2010

September - October Programs

(Watch for Updates)

Program **Ayurveda, Vedanta and Yoga - Weekend Seminar & Workshop** .with Swami Bodhananda, Spiritual Director, Sambodh Society; along with Dr. Aparna Bapat, BAMS (Ayurvedic Doctor); and Diana Wilson, Registered Yoga Teacher (RYT) **Click for [Info & Registration](#) and [Sponsorship](#) and [Seminar-Workshop Program Schedule](#)**

Date **October 1- 3, 2010**

Time Friday Evening - Sunday afternoon

Location Sambodh/SCHE, 6363 N. 24th Street, Kalamazoo, MI 49004 [Map to SCHE](#)

Sponsor Sambodh Center for Human Excellence

Contact **Information:** Ruth (269) 327-3774 or SCHE Office (269) 492-0544

Program **Fall Study Group: [The Spiritual Emerson: Essential Writings](#)**

Date Sundays, Beginning **September 12 - December 5** You are welcome to **join for a single session or all sessions**

Time 7:00 - 8:30 p.m.

Location Sambodh/SCHE, 6363 N. 24th Street, Kalamazoo, MI 49004 [Map to SCHE](#)

Participants Click to see the [Details and Course Requirements](#)

Contact Ruth (269) 327-3774 **call for information** or [Email](#)

Program [Orientation to Meditation](#): **Half-Day Retreat** with Ruth Harring, Ph.D.
Date **Saturday, September 18**
Time 9:30 a.m. - Noon., potluck vegetarian lunch following
Location Sambodh/SCHE, 6363 N. 24th Street, Kalamazoo, MI 49004 [Map to SCHE](#)
Sponsor Sambodh Center for Human Excellence
Contact **Information:** Ruth (269) 327-3774 or SCHE Office (269) 492-0544

On-Going Programs

Service **Sunday Services - 1st and 3rd Sundays of the Month** thru November
Next **September 5** Labor Day weekend, **No Service.**

September 19; Cybelle Shattuck, M.A. "[Sankhya Yoga: The Goal and the Path](#) "

October 3 - See Ayurveda, Vedanta and Yoga Retreat & Workshop Information above

October 17, Topic [Transcending Blah, Blah, Blah: Strategies of Interreligious Dialogue](#): **Brian Wilson, Ph.D., Comparative Religion, WMU.**

Time Services: 11 a.m. - 12:30 p.m. (vegetarian potluck follows the program)
Location Sambodh/SCHE, 6363 N. 24th Street, Kalamazoo, MI 49004 [Map to SCHE](#)
Topic **Click on Titles above for Descriptions of each presentation**
Contact Ruth (269) 327-3774 or [Email](#)

Program **NEW! Vinyasa Yoga Classes @ SCHE** - Instructor: **Krista Katrovas**
Date **Monday Evenings** Join in anytime -
Time Mondays: 7:00 p.m. - 8:30 p.m. [Click for Info](#)
Location Sambodh/SCHE, 6363 N. 24th Street, Kalamazoo, 49004 [Map to SCHE](#)
Sponsors **Inquire: Fee based;** Sambodh Center
Contact Phone Ruth (326) 327-3774 or: [Email](#)

Program **Shiva Puja**
Date **Mondays, August 23 and 30**
Time Contact Anil & Kumud Patel for Timings (269) 381-7529
Location Sambodh Aranya Shiva Gazebo; 6363 N. 24th Street, Kalamazoo, MI 49004 [Map to SCHE](#)
Sponsor Officiating Priest, Pradip Sagdeo, Ph.D. (temporarily absent) for the Sambodh Center for Human Excellence
Contact **Information:** SCHE Office (269) 492-0544

Program **Meditation @ SCHE See above; Orientation to Meditation 1/2-Day Retreat**
Date **Saturday, September**
Time 9:30 a.m. to Noon - vegetarian potluck lunch follows the program
Location Sambodh/SCHE, 6363 North 24th St, Kalamazoo, MI 49004 [Map to SCHE](#)
Sponsors Facilitator: Swami Bodhananda or Ruth Harring
Contact Ruth for details @ (269) 327-3774 or [Email](#)

Program **Yoga Classes @ SCHE - Instructor: Diana Wilson**
Date **Wednesday Evenings** Join in anytime
Time Wednesdays: 6:00 p.m. - 7:30 p.m.
Location Sambodh/SCHE, 6363 N. 24th Street, Kalamazoo, 49004 [Map to SCHE](#)
Sponsors Inquire: Fee based; The Sambodh Society, Inc.;
Contact Phone Diana (269) 979-5578 or: [Email](#) Sambodh

Watch for Programs in these Areas

Service **Indian Vegetarian Cooking Classes - Watch for announcements**
Date TBA
Time TBA
Location Sambodh/SCHE, 6363 N. 24th Street, Kalamazoo, MI 49004 [Map to SCHE](#)
Sponsors **TBA**
Contact Phone Ruth: 327-3774; or [Email](#) Sambodh

Program **Yoga Workshop: [Discover the Chakras](#)**
Date **TBA on a Saturday; Postponed [Registration form](#)**
Time Sat.. 10:00 a.m. - 4 p.m.
Location Sambodh/SCHE, 6363 N. 24th Street, Kalamazoo, MI 49004 [Map to SCHE](#)
Facilitator Swami Bodhananda or Ruth Haring, and/or Pradip Sagdeo
Contact Phone Ruth: (269) 327-3774 or Diana (269) 758-3355 or [Email](#)

Program **Music - Chanting and Kirtan** - bring an instrument; learn to chant
Date Temporarily Postponed
Time 4:00 - 6:00 p.m.
Location Sambodh/SCHE, 6363 N. 24th Street, Kalamazoo, MI 49004 [Map to SCHE](#)
Sponsor Sambodh Society/SCHE
Contact [Email](#) or Phone Ruth: (269) 327-3774; Sambodh: (269) 492-0544

Program **Mantra Sadhana Retreat**
Date Oct or Nov weekend - TBA
Time Saturday: 9am-1pm; Sunday 9am-1pm; and Sun: 2-5pm
Location Sambodh/SCHE, 6363 N. 24th Street, Kalamazoo, MI 49004 [Map to SCHE](#)
Sponsor Sambodh Center for Human Excellence; donation based program
Contact Ruth (269) 327-3774 or (269) 492-0544 or Paul (269) 274-2331

Service **Sanskrit 1-Day Workshop** with Cynthia Churchill
Date **One Day Workshop TBA** - w/ Cynthia Churchill, M.D.
Time TBA
Location Sambodh/SCHE, 6363 N. 24th Street, Kalamazoo, MI 49004
Sponsors Inquire: Donation Based Program :
Contact [Email](#) or Phone Ruth: (269) 327-3774; Pradip (269) 324-7641