

The Sambodh Society, Inc.

Michigan 2011

Nov-Dec 2011 Programs

Program [Ayurveda for Self-Care](#) or for information on the Year Long course, click on [Foundations of Ayurveda 2012](#)

Date December 3-4 & January 7-8

Time Saturday & Sunday: 1-5:30 pm

Location Sambodh/SCHE, 6363 N. 24th Street, Kalamazoo, MI 49004 [Map to SCHE](#)

Sponsor Sambodh Center for Human Excellence; donation based program

Contact Ruth at Sambodh Ctr(269) 492-0544

Program **The Path of Love: Spiritual Study Group**

Date **Thursdays, November 29th & continuing...**

Time 6:00 - 7:30 p.m.

Location Sambodh/SCHE, 6363 N. 24th Street, Kalamazoo, MI 49004 [Map to SCHE](#)

Fee \$5 suggested donation per session

Contact [Email](#) or Phone Ruth at Sambodh: (269) 492-0544

Program **Yoga Sutra Study Group** - Retreat with Swami Bodhananda

Date Sundays, Dec. 4, 11,18, 2011

Time 7:00 - 8:30 p.m.

Location Sambodh/SCHE, 6363 N. 24th Street, Kalamazoo, MI 49004 [Map to SCHE](#)

Sponsor Sambodh Society/SCHE
Contact [Email](#) or Phone Ruth at Sambodh: (269) 492-0544

Program **Self Transformation through the Understanding and Practice of the Heart Sutra - Study Group** with Rev. Jimyo Ferworn
Date Tuesday Evenings - 1st Tuesday of the month Tuesdays of the month.
Next session: December 6th, and in 2012: Jan. 3, Feb. 7th, & March TBA
Time **Mondays: 7:00 p.m. - 8:30 p.m.**
Location Sambodh/SCHE, 6363 N. 24th Street, Kalamazoo, 49004 [Map to SCHE](#)
Fee \$10 suggested donation per session
Contact [Email](#) or: **Info:** (269) 492-0544 or 327-3774

Program **Buddhist Service and Meditation** with Rev. Jimyo Ferworn
Date Tuesday Evenings - 3rd Tuesday of the month; Next Session: Dec. 20, 2011; all 2012 sessions TBA
Time **7:00 p.m. - 8:30 p.m.**
Location Sambodh/SCHE, 6363 N. 24th Street, Kalamazoo, 49004 [Map to SCHE](#)
Fee \$5 suggested donation per session
Contact Krista [Email](#) or: **Info:** (269) 492-0544 or 327-3774

Program **Teachings from the Bhagavad Gita with Swami Bodhananda**
Date **TBA - Wednesday evenings - 2012**
Time **7:30 - 9:00 p.m.**
Location Sambodh/SCHE, 6363 N. 24th Street, Kalamazoo, MI 49004 [Map to SCHE](#)
Sponsor Sambodh Society/SCHE
Contact [Email](#) or Phone Ruth: (269) 327-3774; Sambodh: (269) 492-0544

Continuing Programs

Program **Sunday Services @ SCHE**
Date **1st and 3rd Sundays of the Month** - See announcements a above
Time 11:00 Service: 11:20 Discourse followed by a discussion and veg pot luck

Location Sambodh/SCHE, 6363 North 24th St, Kalamazoo, MI 49004 [Map to SCHE](#)
Topic Spiritual Freedom - Gandhi's Hind Swaraj
Contact Ruth for details @ (269) 327-3774 or [Email](#)

Program **Universal Meditation** with Ruth Harring, Ph.D.

Date **TBA**

Time **10:30 a.m. Instruction & Q&A; 11:00 a.m. Meditation**

Location SCHE, 6363 N. 24th Street, Kalamazoo, MI 49004 [Map to SCHE](#)

Dates Bi-Monthly - every 2nd and 4th Sunday - Free; Donations Welcome

Contact [Email](#) or **Info:** (269) 492-0544 or 327-3774

Program **Hatha Yoga Classes @ SCHE** - Instructor: **Diana Wilson, RYT**

Date **Wednesday Evenings** Join in anytime. \$10 per session

Time **Wednesdays: 6:00 p.m. - 7:30 p.m.**

Location Sambodh/SCHE, 6363 N. 24th Street, Kalamazoo, 49004 [Map to SCHE](#)

Fee \$10 per session

Contact Diana (269) 979-5578 or: [Email](#) Sambodh

Program **Sambodh Jam Band** - kirtan, chanting, drumming and humming

Date **Wednesday Evenings**

Time **7:30 p.m. - 9:00 p.m.**

Location Sambodh/SCHE, 6363 N. 24th Street, Kalamazoo, 49004 [Map to SCHE](#)

Type Free

Contact Phone(269) 492-0544 or: [Email](#) Sambodh

Program **Shiva Puja**

Date **Monday** evenings at Sambodh Aranya Shiva

Time Contact Anil & Kumud Patel for Timings (269) 381-7529

Location Sambodh Aranya Shiva Gazebo; 6363 N. 24th Street, Kalamazoo, MI 49004 [Map to SCHE](#)

Sponsor Officating Priest, Pradip Sagdeo, Ph.D. (temporarily absent) for the

Sambodh Center for Human Excellence

Contact **Information:** SCHE Office (269) 492-0544 [Email: Pradip](#)

Watch for Programs in these Areas

Service **Indian Vegetarian Cooking Classes - Watch for announcements**
Date TBA
Time TBA
Location Sambodh/SCHE, 6363 N. 24th Street, Kalamazoo, MI 49004 [Map to SCHE](#)
Sponsors **TBA**
Contact Phone Ruth: 327-3774;or [Email](#) Sambodh

Program **Yoga Workshops**
Date TBA
Time TBA
Location Sambodh/SCHE, 6363 N. 24th Street, Kalamazoo, MI 49004 [Map to SCHE](#)
Facilitator Diana Wilson , RYT
Contact Phone Ruth: (269) 327-3774 or Diana (269) 758-3355 or [Email](#)

Service **Sanskrit 1-Day Workshop** with Cynthia Churchill
Date **One Day Workshop TBA** - w/ Cynthia Churchill, M.D.
Time TBA
Location Sambodh/SCHE, 6363 N. 24th Street, Kalamazoo, MI 49004
Sponsors Inquire: Donation Based Program :
Contact [Email](#) or Phone Ruth: (269) 327-3774; Pradip (269) 324-7641