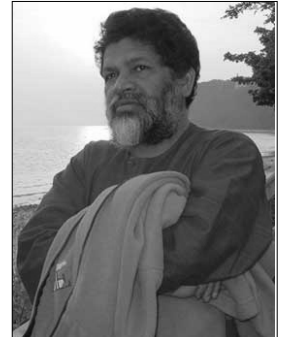




# The Sambodh Society, Inc.

[www.sambodh.com](http://www.sambodh.com)

**Swami Bodhananda Saraswati** is highly respected in India and America as an accomplished teacher of Vedanta and Meditation. Swamiji has been characterized as a 'cutting edge' Swami, deeply imbued with the perennial philosophy of Vedanta and a living expression of its ideals. Come, experience his Vedic Wisdom!



## Meditation and Satsang Swami Bodhananda Saraswati

### Meditation I

**Dates:** Oct 29 - Nov 2, 2012 - Mon-Fri

**Time:** 7.00am -8.15am

**Venue:** Sri Maha Kaleshwar Mandir  
2344-A Santa Clara Commerce Park  
Santa Clara, CA

**Donation:** \$75

(Discount if you sign up for both meditation Sessions)

### Brahma Sutras

Bhashya of Sankaracharya

**Dates:** Oct 27th (Sat), Nov 3 (Sat),

Nov 4 (Sun), Nov 10 (Sat),

Nov 11 (Sun)

**Time:** 9.00am -4pm

**Venue:** Balaji Temple  
5004 N. First Street,  
San Jose, CA 95002

**Donation:** \$250 for 5 days  
(\$65 for one day)

### Meditation II

**Dates:** Nov 5 - Nov 9, 2012 - Mon-Fri

**Time:** 7.00am -8.15am

**Venue:** Sri Maha Kaleshwar Mandir  
2344-A Santa Clara Commerce Park  
Santa Clara, CA

**Donation:** \$75

(Discount if you sign up for both meditation Sessions)

### Free Satsang on all nights on Katho Upanishad

**Dates:** Oct. 25 - Nov. 12, 2012

**Time:** 7:15 pm - 8:30 pm

**Venue:** South & East Bay

**Donation:** Free

### **About Swamiji:**

Presently, Swami Bodhananda is the Spiritual Founder and Director of 11 organizations and ashrams under the umbrella of the Sambodh Foundation, New Delhi, India; the Bodhananda Research Foundation for Management and Leadership Studies, Trivandrum, Kerala, India; and The Sambodh Society, Inc., his American organization. Details at [www.sambodh.com](http://www.sambodh.com).

**Four Meditations: Basic:** These meditations will cover body, mind, spirit and practices for their integration and realization of enlightenment. The meditations will help the practitioner to attain total health, peace of mind, better social skills and creative fulfillment.

**Advanced:** For those who have been attending meditation sessions and have attained certain level of progress in posture, breathing and concentration or for those who completed Basic course above, this advanced session will focus on various levels of samadhi leading to nirbija and sahaja samadhis.

**Brahma Sutras: Introduction to Bhashya:** The Brahma Sutras explain the philosophy and spirituality of Vedanta, the science of God and Unity of Existence. It is this introduction known as Adhyasa Bhasya that we will explore in these lectures. A rare opportunity for students of Advaita Vedanta.

### **Satsang Series on Katho Upanishad (Free)**

(Conducted at various people's houses in the evenings)

**Description:** By understanding the meaning of renunciation one comes to enjoy the experience of Self in the phenomenal world. In studying this Upanishad, under the guidance of Swami Bodhananda, find the meaning of renunciation and the essence of joy.

For Details Contact:

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