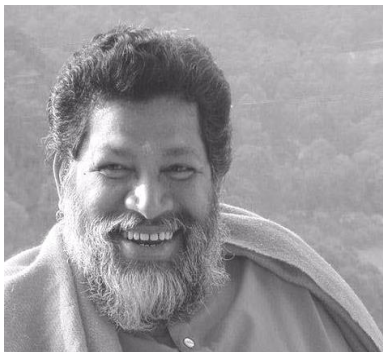


# **Weekend Retreat**

with

## **Swami Bodhananda Saraswati**



**Friday October 22nd, 2010**

**Dualism: Ayurveda and Yoga philosophy**

Evening 7.30 pm-9pm

Place: Jagirdar's Residence

(After dinner session)

**Saturday October 23rd, 2010**

**Non Dualism: Integration of Ayurveda, Yoga and Vedanta into life**

Morning : 9.30-11.30am

Place: Jagirdar's Residence

(Lunch will be served)

**Sunday October 24th, 2010**

**What Hindu scriptures tell us about Management**

Morning: 12-12.30pm

Place: HTSA: 18518 Bandera Road [Hwy. 16 N.]

Helotes, TX 78023

210-695-9400

[www.htsa.org](http://www.htsa.org)

A Question and Answer Period follow each Talk  
All Are Welcome

Swami Bodhananda is the Spiritual Director and Founder of *The Sambodh Society* and the author of six books on Hindu traditions and practices. He has been teaching Vedanta and meditation for more than 25 years. Swamiji tours the United States annually for 6 months and is establishing a center for spiritual study in Kalamazoo, Michigan

**For information call: Jaishree & Sudhir Jagirdar: (210) 764-8430,  
Jagirdar's Residence: 211 Post Oak Way, San Antonio Tx 78230, near junction of  
Lockhill Selma and Huebner Rd**

FIND OUT MORE ABOUT SWAMI BODHANANDA'S PROGRAMS AND U.S. ITINERARY  
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