



Swami Bodhananda Saraswati

New York, New Jersey Programs - Sept 11th to Sept 29th, 2014

Join us for the 9th Gyan Retreat on Dakshinamurthy Stotram



"When you go to the Ocean (of God) you can take as much water as you want. It all depends upon the vessel you take to the ocean. It depends on how pure you are."



Date	Day	Time	Program	Sponsor	Location
Sept 12	Friday Evening	7:00 PM To 9:30PM	Welcome Dinner Please join us in welcoming Swamiji to the Tri State area. Verses from Atma Bodh - The Nectar of Self Knowledge. Knowledge of and identification with the source of consciousness, and all life - The Brahman	RSVP Sharad Dabral (914) 478 7533	52 Donald Drive, Hastings New York 10706
Sept 13	Saturday Morning	11:00AM to 1:30 PM	PE = PO x OB; Performance (PE) is a function of potential (PO) multiplied by obstacles (OB) Potential is never a finished product! Obstacles actually give it meaning, character and shape it's unfolding. Just as a river dammed by a wall and side banks gathers volume and strength behind it, facilitating flood control, generation of electricity, irrigation and tourism, so too obstacles only challenge and channelize potential energy into kinetic flow manifesting creative expressions and new solutions. Swamiji explains why and how crisis and obstacles can bring to life the best in people and	Shoba and Gaurav Bhatnagar (914) 713 8758	11 Montgomery Road, Scarsdale New York 10546

			manifest our untapped potential.		
Sept 13	Saturday Evening	6:00 PM To 8:30PM	Hanuman Upasana for Manifesting Inner Power Hanuman is the eternal symbol of humility, strength, devotion and service Hanuman is the vehicle that takes us to our soul where Rama resides. Meditation on Hanuman helps devotee realize that inner power and manifest it in daily life.	Kavita and Vijay Khanna (914) 923 8327	21 Baldwin Hills Road, Millwood New York 10546
Sept 14	Sunday Evening	5:30 PM To 7:30 PM	Ganapathi Atharva Sirsha Upanishad A masterly work recited by devotees of Ganesha, depicting the a-cosmic, cosmic, and personal aspects of God, the supreme Truth. Effective for meditation, philosophical realization and personal worship. TBD..This talk will be followed by a short havan as prescribed in the Upanishad.	Geeta and Tilak Agerwala (914) 736 9170	16 Cross Rd Cortlandt Manor New York 10567
Sept 15	Monday Evening	7:00PM To 8:30 PM	Detached Engagement, Minimum Effort and Maximum Result Detachment is the mulamantra of spirituality. Detached engagement is the only way to effortlessly manage the daunting challenges of life and enjoy every moment of living. Swami Bodhananda expounds on the technique of detachment based on the teachings of Bhagavad Gita.	Nalini Rau Seshashayee Murthy (914) 243 7855	1804 Hunter Brook Road, Yorktown Heights New York 10547
Sept 16	Tuesday Evening	7:00 PM To 8:30 PM	Self Realization in an Interactive World Part I The problem of Human suffering, endless desires, expectations, frustrations, power, anger, violence, psychological breakdown and dawn of self reflection.	Please call Kavita Khanna (914) 923 8327	Mid Town Manhattan Attendance by <u>RSVP ONLY</u>
Sept 17	Wednesday Evening	7:00 PM To 8:30 PM	Self Realization in an Interactive World Part II The limitation of human faculties and limitlessness of man's dreams and aspirations. Many ways of knowing, doing and being in the world and a glimpse of the beyond..	Please call Kavita Khanna (914) 923 8327	Mid Town Manhattan Attendance by <u>RSVP ONLY</u>

Sept 20	Saturday	10:00 AM To 7:00 PM	<p>Dakshinamurthy Stotram Join us for 9th Gyan New York Retreat <i>(Registration Required. \$150 / individual, \$250 / couple. With 2 lunches & 1 dinner)</i></p> <p>The Dakshinamurthy Stotram expounds the theory or philosophy of Advaita Vedanta. It was written by Adi Shankara. A Stotra or Stotramस्तोत्र (stotra) is a Sanskrit word, for a hymn addressed to Divinity. It can be a prayer, a description, or a conversation.</p> <p>The Dakshinamurthy stotram is arguably the most important small verse to be attributed to Adi Shankara. In a compilation of ten stanzas there is a concise and vivid description of the philosophical significance of the form of Shiva, giving the very essence of the Indian idea of epistemology.</p> <p>Dakshinamurthy is an incarnation of Shiva, the supreme god of knowledge and thus an aspect of Shiva as a guru of all types of knowledge, and bestower of Gyana. This aspect of Shiva is his personification as the supreme or the ultimate awareness, understanding and knowledge. This form represents Shiva in as a teacher of yoga, music, and wisdom, and giving exposition on the shastras. Dakshinamurthy stotram takes form of conceptual and philosophical statements.</p> <p>Repeated chanting and/or meditating on the meaning of these verses is expected to help a spiritual practitioner of Advaita Vedanta get thoroughly established in an Advaitic experience.</p>	<p>Sharad Dabral (914) 478-7533</p>	<p>In TBD Westchester.</p>
Sept 21	Sunday	9:00 AM To 4:00 PM			
Sept 23 to Sept 26	Tuesday To Friday	4 Days	New Jersey Programs	<p>Sarla and Hira Suri (732)-286-1818</p>	<p>612 Vista Court, Pine Beach New Jersey 08741</p>
Sept 27	Saturday Morning	11:00 AM to 12:30 PM	<p>Shiva Manasa Puja and Parvathi Kalyan Mantra</p> <p>Shiva Manasa Puja is a hymn which propitiates Shiva whereby Sankaracharya is invoking Shiva for knowledge. The prayer helps the performer to get connected with the higher power that influences the destiny of living beings. Prayer can be physical or mental. In physical puja materials used for worship have to be procured from nature. In mental puja materials are procured from the garden of imagination. This is a powerful Samkalpa/ Manasika puja that visualizes Shiva as the innermost Self that receives the worship and blesses the devotee. The discourse will be followed by Parvathi Kalyana Mantra Archana for the benefit of family unity, marital harmony and bliss.</p>	<p>Manju and Viren Kapoor (914) 330 7866</p>	<p>Royal Palace 77 Knollwood Rd, White Plains, NY 10607 (914) 289-1988</p>

Sept 28	SundayMorning	12:00 PM to 1:30 PM	Confronting without Offending Life is full of problems. Running away from problems will only compound the problem. When one faces a problem calmly the problem itself metamorphoses into brilliant solutions. Swami Bodhananda unfolds a strategy to confront a problem without offending but incorporating people who are part of the problem.	Susheela Raghavan Robert Roach (914) 833-1686	575 Forest Ave, New Rochelle New York 10804
Sept 28	SundayEvening	5:00 PM to 6:30 PM	Self Realization in an Interactive World Part III Human Possibilities and the power of consciousness, love and self giving work, access to the infinite spirit and flowering of goodness, beauty and bliss	Please call Kavita Khanna (914) 923 8327	Mid Town Manhattan Attendance by <u>RSVP ONLY</u>
Oct 1 To Oct 6	Wed To Mon		New Jersey Programs.	Madhu and Prem Gandhi (609) 223 0500	8 Francis Court, Clarksburg New Jersey 08510I

PROGRAMS ARE HOSTED BY INDIVIDUAL HOSTS AND ARE FREE AND OPEN TO ALL.

AS A COURTESY TO THESE GRACIOUS HOSTS - PLEASE RSVP TO HELP WITH A HEAD COUNT.

DONATIONS TO SWAMIJI'S MISSION ARE ALSO WELCOME.

Donations to The Sambodh Society are tax deductible and help support Swami Bodhananda Saraswati's mission of teaching Vedanta and spreading its message of unity in religious teachings in the wisdom tradition of Hindu scriptures.

Sponsored By: Sambodh Center for Human Excellence and The Sambodh Society Inc - a tax-exempt non-profit spiritual organization at The Sambodh Society, Inc.6363 N. 24th Street, Kalamazoo, Michigan, 49004.

Website: www.Sambodh.com Email: SambodhSociety@Sambodh.com