

Experience the Purifying & Exhilarating Power of Mantra

MANTRA SADHANA RETREAT

(2013) with Swami Bodhananda Sarasvati



TUESDAY, DECEMBER 3RD

GANESHA GAYATRI MANTRA

For Removing Hurdles on the Path

1008 Repetitions

SESSION 1- 6:00 P.M. TO 8:00 P.M.



WEDNESDAY, DECEMBER 4TH

DHANVANTARI MANTRA

For Drawing Spiritual Energy for Health

1008 Repetitions

SESSION 2 - 6:00 P.M. TO 9:00 P.M.



THURSDAY, DECEMBER 5TH

SHODASHAKSHARI MANTRA

For Purification and Awakening the Shakti

1008 Repetitions

SESSION 3 - 6:00 P.M. TO 9:00 P.M.

Instructions and Basic Information:

The chanting of mantras is either led or overseen by Swami Bodhananda Saraswati.

Come mentally prepared to sit for several hours each evening.

NOTE: Please eat lightly the day of the Mantra Recitation.

Volunteers will be bringing Prasad for distribution
to Participants at the end of each day's program.

Suggested Donation:

\$41 per Mantra Session

\$101 All 3 Days

Make Checks Payable To:
The Sambodh Society, Inc.

FREE Instructional CD for each mantra upon request
with advance payment along with your [RSVP by November 25](#)

Contact: Sambodh Office (269) 492-0544 or 381-4946
or email: sambodhsociety@sambodhsociety.us



Sambodh Center for Human Excellence

6363 N 24th St Kalamazoo, MI

A Learning Center for Meditation and Eastern Wisdom

SAMBODHSOCIETY@SAMBODHSOCIETY.US