

***SAVE THE DATE !***

**Mantra Sadhana Winter Retreat**  
**Saturday January 30, 2016**  
at the **Sambodh Center**

*Please arrive between 9:30 and 9:45am for Registration  
and to receive your Mantra Recitation cards.*

**Ganesh Mantra**

for removing obstacles in one's spiritual path.  
10am - Noon

*Light Vegetarian Lunch provided*

**Dhanvantari Mantra**

for healing and wellness  
1 to 3:00pm

**Devi Mantra**

for deepening your spiritual practice  
3:30 - 5:30pm

**Vegetarian Potluck Lunch**

*Please bring a dish to share*  
(no eggs or sugar)

**Suggested Donation**

(singles, couples, families)

**One Mantra: \$51**

**All Three Mantras: \$101**

**Love Offerings Welcome.**

**All are Welcome to Attend, Listen, and Chant.**

**A Respectful Silence during our Mantra Sadhana is Requested.**