

JOIN OUR SERIES OF CLASSES ON
**CONNECTING TO YOUR
INNER WISDOM**

FACILITATED BY SUSAN GRAHAM,
ENERGY HEALER, CERTIFIED REIKI MASTER
AND ADV. 13TH OCTAVE LAHO CHI PRACTITIONER,
AND ACCESS CONSCIOUSNESS PRACTITIONER

**CLASS 1: ENERGY MERIDIANS
JANUARY 22, 2017**

1:00 – 2:30PM

SUGGESTED OFFERING: \$25

DESCRIPTION: ENERGY MERIDIANS ARE THE PATHWAYS THAT CONDUCT SPIRITUAL ENERGY THROUGHOUT THE BODY. THIS CLASS PRESENTS PRACTICAL TECHNIQUES FOR UNBLOCKING ENERGY MERIDIANS, INCREASING THE FLOW OF ENERGY THROUGH THE BODY TO ENHANCE WELL-BEING ON ALL LEVELS OF MIND, BODY AND SPIRIT.

DO YOU FEEL THAT SOMETHING IS MISSING IN YOUR LIFE?

DO YOU HAVE TROUBLE MEDITATING?

WOULD YOU LIKE TO ENRICH YOUR MEDITATION PRACTICE?

WOULD YOU LIKE TO TAKE YOUR MEDITATION PRACTICE TO THE NEXT LEVEL?

WHEREVER YOU ARE ON YOUR LIFE-JOURNEY,
THIS CLASS OFFERS YOU IDEAS AND CONCEPTS
THAT CAN INCREASE YOUR CLARITY AND MOTIVATION.

LEARNING TO CONTROL YOUR
ENERGY MERIDIANS CAN HELP YOU!

**SAMBODH CENTER FOR HUMAN EXCELLENCE
6363 N. 24TH STREET, KALAMAZOO, MI 49004**